

# HOPE ON THE HARD ROAD, INC

## The Fruit of the Spirit: Finding Hope in the Midst of Hard Circumstances

**“The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control”**

*GALATIANS 5:22-23A (ESV)*

### INTRO

Welcome to Hope Community Groups! We hope you will find this to be a space where you can connect and be encouraged alongside other families on the special needs journey.

For a family caring for a child, teen, or adult child with special needs, life can be difficult. There are many storms to weather and struggles to address, and we often feel isolated and alone due to the nature of our circumstances. Families have a need to connect and be encouraged, to gain resources, and to find hope as we walk down what can be a very hard road at times. Hope on the Hard Road nonprofit was created for this purpose. We are dedicated to encouraging and connecting families through events and resources designed to help support the unique needs of the individual, the family, and the community. Our vision is to grow a thriving community, where families with children of all ages with special needs can feel connected, be encouraged, and find hope for the road ahead.

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### THE BIBLE STUDY

This bible study will cover the 9 different attributes of the Fruit of the Spirit listed in Galatians 5:22-23a. These are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Each lesson will explore the concept of how we can find hope in the midst of hard circumstances. These lessons are each designed specifically with those we serve in mind. For our special needs families, life can be hard, and it can also be busy, so these lessons are designed to be read in one short sitting with your group – no prep work before and no homework after, unless of course you want to. In which case, you can simply prepare by reading the main passage and story highlighted from the bible for each lesson.

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### GROUP EXPECTATIONS

#### LEADERSHIP

Hope Community Groups operate under the leadership and facilitation of our Hope Community Group Leaders. Leaders have been given a contact list with participant names and emails as per the registration waiver, for the sole purpose of group administration and

group email communications. If as a participant, you have questions about the groups time, date, or meeting place please reach out to your group leader via email at (first name) @hopeonthehardroad.org. If you have questions about bible study content or anything else beyond the scope of the group, please reach out to Hope on the Hard Road, Inc. directly at [info@hopeonthehardroad.org](mailto:info@hopeonthehardroad.org).

## **PARTICIPANTS**

**Commitment:** Registering for a Hope Community Group means that you will be joining your group one time monthly for the season (Sep-May); however, if you are unable to attend a meeting please email your leader as a courtesy, understanding that the leader has taken time to prepare for and lead each meeting.

**Communication:** In our Hope Community Groups, we want to engage in the bible study topics as a community. Communication will center around the bible study topic per lesson and should be respectful and reciprocal, with everyone taking turns to speak and listen.

**Confidentiality:** Whatever is shared in a Hope Community Group should remain confidential.

### **CONNECT WITH US:**

[Info@hopeonthehardroad.org](mailto:Info@hopeonthehardroad.org)  
<https://hopeonthehardroad.org>



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